



# My Learning My Future

Where can studying Health and Social Care take you?

# Introduction

At The Careers & Enterprise Company, our mission is to help every young person find their best next step.

My Learning, My Future is a suite of resources that has been developed by The Careers & Enterprise Company in partnership with Skills Builder to help you speak confidently about careers related to your subject.

This guide has been updated with new content to reflect the changing pathways and skills needed by employers.

## Benchmark 4

Linking curriculum learning to careers. Bring your subject to life by providing real-life examples from the world of work to help motivate and inspire students.

[Learn more](#)

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# How to use this guide

In this guide and supporting documents, you'll find resources to engage your students in curriculum learning, supporting work towards Benchmark 4, by highlighting the relevance of your subject to future careers and opportunities.

Explore the five key areas of the guide to inspire your students about where your subject can take them in the future.

## Essential Skills

Learn how you can engage with Skills Builder to help students identify and develop essential skills linked to your subject.

## Why study Health and Social Care?

Access key resources that link to your subject area that can be used in your lessons to help your students explore future careers.

## Activity ideas

Create some 'buzz moments' in every lesson by highlighting relevant careers stories, or relating topics or essential skills from your subject to future opportunities.

## Pathways

Take a look at a wide variety of resources that focus on the pathways a young person can follow to a career linked to the subject.

## Careers in the curriculum

Discover resources and inspiration to link careers to the curriculum, employer engagement and extra-curricular opportunities.



# Why study Health and Social Care?





# Why Health and Social Care?

This is your chance to share the passion you have for your subject. Here's five popular reasons teachers give as to why Health and Social Care should be in the school curriculum:

- Learning Health and Social Care helps you to understand the real impact of people living with conditions or illnesses such as the social, financial and psychological. This makes a difference to peoples' lives and leads to job satisfaction
- Health and Social Care helps you to understand the legislation and guidance so you can help others access the care and support they are entitled to
- Healthcare is one of the fastest growing sectors in the country with high employability rates and as the population lives longer, this is set to continue
- Health and Social Care gives you practical work experience and the opportunity to develop strong observational and communication skills in real-life settings
- Health and Social care can lead to a variety of jobs across all sectors, including public, private and voluntary. It includes services within hospitals, clinics, care homes, medical and dental practices, emergency services, complementary medicine, and more.

This section will connect you with key resources and links for students to explore opportunities linked to your subject area with the aim of motivating and inspiring your students about the world of work and pathways to a career using Health and Social Care.

There are a number of examples of roles and activities to support your students to explore opportunities.



[Click here](#)

Access a student facing PowerPoint slide deck which will support you in highlighting the relevance of your subject with content taken from this guide.

## Resources to highlight the relevance of your subject

- [Download Scientists in Health Poster by the NHS](#)
- Why it Matters: [Why Study health and Social Care](#), short video produced by Bournemouth University
- [Explore careers in Health and Social Care](#)

## [BBC Bitesize Careers](#)

[Explore jobs in the Health and Social Care sector](#)

Have your questions answered

- How many people work in the healthcare sector?
- How much of a demand is there for new staff?
- What routes can you take to get in?
- What options are there that don't need a Uni degree?

## OAT Futures

[Check out how students have used their Health and Social Care in the real world](#)

## Prospects

[Explore subject related job sectors and job profiles](#)

- Responsibilities
- Salary
- Qualifications
- Skills
- Work experience
- Career prospects
- Related jobs and courses

[Here's some more useful resources: Health and Social Care & research careers advice](#)

## Labour Market Information

- The [LMI for All](#) portal provides high-quality, reliable labour market information (LMI) to inform careers decisions
- Help your students to find out what a job involves and if it is right for them with [National Careers Service](#)
- National Careers Week [Future of Work Guide](#)
- Help KS3 students find out more about jobs and careers in [Medicine and Healthcare](#)
- Inspire KS4 students with the world of work through careers in [Health and Social Care](#)



# Explore a career as a...

There are many more roles and careers linked to STEM and this guide contains the resource and support to explore many more opportunities. A small selection highlighted below and more information can be found via [STEM Learning's careers resources](#).

## ▶ Paramedic

Paramedics respond to emergency call-outs and give people life-saving medical help

[See case study 1](#)

[See case study 2](#)

[See case study 3](#)

[Visit National Careers Service to learn more](#)



## ▶ Medicine Management Technician

Medicine Management Technicians prepare and supply medicines for prescriptions, under the supervision of a Pharmacist

[See case study 1](#)

[Visit National Careers Service to learn more](#)

## ▶ Nursery Assistant

Nursery workers help babies and children up to 5 years old to develop and learn in a safe and supportive setting

[See case study 1](#)

[See case study 2](#)

[Visit National Careers Service to learn more](#)





## ▶ Occupational Therapy Assistant

Occupational Therapists help people overcome difficulties caused by physical or mental illness, disability, accidents or ageing

[See case study 1](#)

[See case study 2](#)

[See case study 3](#)

[Visit National Careers Service to learn more](#)

## ▶ Nursing

Nurses care for adults who are sick, injured or have physical disabilities

[See case study 1](#)

[See case study 2](#)

[Visit National Careers Service to learn more](#)

[Nurse](#)



## ▶ Health Promotion Specialist

Health Promotion Specialists educate and inform people about health issues

[See case Study 1](#)

[See case Study 2](#)

[Visit National Careers Service to learn more](#)



# Why not encourage your students to become a teacher?

**Teaching**   
Every Lesson Shapes a Life

As you know teaching is a career like no other, where your voice, passion, background and how you view the world is used to inspire young people.

Here are a couple of case studies to inspire you to share your story with your students. You might also then select one to share with your students.

- [See case study: Shaniqua's story](#)
- [See case study: Vijendra's story](#)

## Why teach?

Share these reasons for teaching with your students and frame them in your own words...you might start with the ones that enticed you into teaching yourself:

### 1. Helping shape young minds, help shape the future.

As a teacher you'll instil attitudes and beliefs that will help shape the next generation and the future. It's your chance to make an impact.

### 2. Turn your passion into a career.

If you love something, you'll love teaching it. There's nothing better than seeing people being inspired by the things you're passionate about.

### 3. The reward is always worth the challenge.

As a teacher you'll be challenged and rewarded every day. And nothing is more rewarding than knowing you've made a difference.

### 4. More time for what you love.

Teaching gives you more holiday than most careers, which means you have more time to explore your own interests.

### 5. Start on at least £25k, or £32k in inner London.

Where you take your career from there is up to you.

## Why is STEM important in the wider world?

- It boosts soft skills through thinking through problems and finding solutions
- It focuses curiosity by developing more scientific questions that turn into investigations
- It helps you to see and understand the world around you
- It helps children become future entrepreneurs

## What makes a great teacher?

Here's what some Year 10 students think makes a great teacher – do your students agree?

[What makes a great teacher?](#)

## Salary and benefits

The next generation of teachers will be entitled to a competitive salary, generous holidays, and a substantial pension.

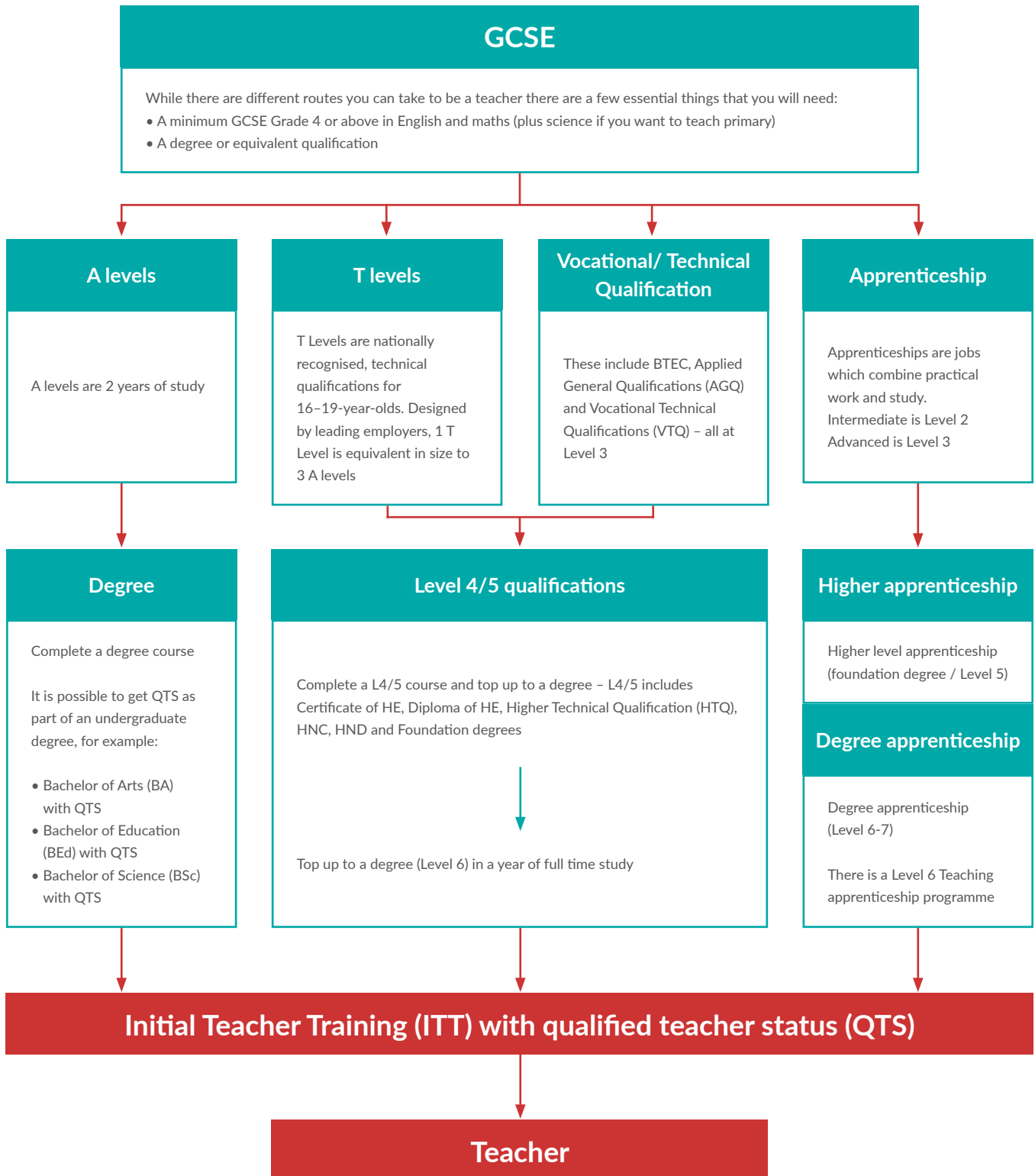
You'll get more days holiday than people in many other professions. In school, full-time teachers work 195 days per year.

For comparison, you'd work 227 days per year (on average) if you worked full time in an office.

[Find out more: Teaching salaries and benefits](#)

Be mindful that when you share your route into teaching, you need to balance with the other options.

Here is an infographic resource to share with your students which shows the options and journey they could take.





# Pathways



# Pathways

Whether students know where they are headed to in the future or not, knowing the work and study choices available to them is a great place to start.

Get the Jump: Skills for Life is a campaign to help young people make their next step in education and training. It raises awareness and understanding of all the different education and training pathways open to young people at post-16 and post-18.

Many young people may feel confused or daunted by the post-16 or post-18 choices landscape and the campaign signposts students to further information around all potential options.

Here are two visual displays you may also find helpful:

Framework of Qualifications: This is a useful visual display which shows where different levels of qualifications sit with each other.

Options map: This is a useful visual display of the different pathways.



## Resources to highlight pathways from your subject

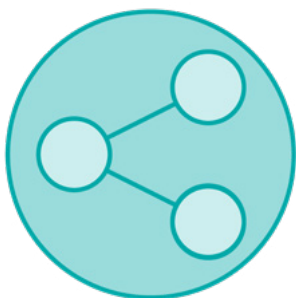
- [Download My Learning, My Future student facing presentation deck](#)
- [Discover Creative Careers: Bringing together careers information and opportunities from creative organisations in one explorable directory](#)
- [Download this booklet from the NHS outlining the 350 Careers in Healthcare: One NHS, Your Future](#)

### Example Key Sector Bodies:

- [The HSE \(Health and Safety Executive\) regulates Health and Social Care](#)
- [Refer to the health & care profession council for associations related to Health and Social Care](#)
- [The NHS](#)

## Get the Jump: Skills for Life

There are three types of routes students can consider:



**Combine study and work**

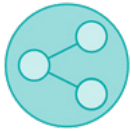


**Study**



**Work**





## Combine study and work

<p><u>Apprenticeships</u></p> <p>Apprenticeships are real jobs that allow young people to earn a wage while they learn.</p> <p>They can take between 1 and 5 years to complete, depending on the level.</p> <p>To start an apprenticeship, students will need to:</p> <ul style="list-style-type: none"> <li>• Be 16 or over</li> <li>• Live in England</li> <li>• Not be in full-time education</li> </ul> <p>Students can apply for an apprenticeship while they are still at school.</p>	<p>Watch <a href="#">this video</a> on ideas for Apprenticeships in Science. Here are some possible apprenticeships available to study:</p> <ul style="list-style-type: none"> <li>• Nurse</li> <li>• Laboratory Scientist</li> <li>• Adult Care Worker</li> <li>• Early Years</li> <li>• Dental Nurse</li> <li>• Optical Assistant</li> <li>• Health Care Assistant</li> <li>• Childcare</li> <li>• Nursey</li> </ul>
<p><u>T Levels</u></p> <p>A T Level is a nationally recognised qualification for 16–19-year-olds that lasts for two years. Leading businesses and employers have helped design T Levels to give young people the knowledge and skills they need for work or further study.</p>	<p>Here are the T Levels aligned with your subject:</p> <ul style="list-style-type: none"> <li>• <a href="#">T Level Education and Childcare</a></li> <li>• <a href="#">T Level Health</a></li> <li>• <a href="#">T Level Healthcare Science</a></li> <li>• <a href="#">T Level Science</a></li> <li>• <a href="#">T Level Animal Care and Management</a></li> </ul>
<p><u>Vocational Technical Qualifications (VTQs)</u></p> <p>VTQs are practical qualifications for over 16s. They're designed to help students get the skills they need to start their career or go on to higher levels of education. There are a few different types and levels of VTQs, including:</p> <ul style="list-style-type: none"> <li>• <a href="#">BTECs</a>: level 1 to 7 qualifications</li> <li>• <a href="#">Cambridge Nationals</a>: level 1 and 2 qualifications (from Sept 2022)</li> <li>• <a href="#">Cambridge Technicals</a>: level 2 and 3 qualifications</li> <li>• <a href="#">T Levels</a>: level 3 qualifications</li> </ul>	<p>Your students may be able to study:</p> <ul style="list-style-type: none"> <li>• Children's Care, Play, Learning and Development: Practice and Theory</li> <li>• Health and Social Care: Principles and Context</li> <li>• Health and Care</li> <li>• Health and Social Care</li> <li>• Adult Care</li> <li>• Dental Nursing</li> <li>• Healthcare Support</li> <li>• End of Life Care</li> <li>• Mental Health Care</li> <li>• Pharmaceutical Science</li> <li>• Leadership for Health and Social Care, and Children and Young People's Services</li> </ul>



## Study

<p><u>Higher Technical Qualifications (HTQs)</u></p> <p>HTQs are technical qualifications that are approved by employers. There are many different types and are usually taught in the classroom at colleges, universities or independent training providers.</p> <p>To start a HTQ, they will need to be:</p> <ul style="list-style-type: none"> <li>• Aged 18 or over</li> <li>• Live in England</li> </ul> <p>There are many different types of HTQs, such as:</p> <ul style="list-style-type: none"> <li>• <u>Higher national diplomas</u></li> <li>• <u>Higher national certificates</u></li> <li>• <u>Foundation degrees</u></li> <li>• <u>Higher education diplomas</u></li> </ul> <p>Other HTQs will be available in the future.</p>	<p><u>You may find courses on the following:</u></p> <ul style="list-style-type: none"> <li>• Complementary Health Care</li> <li>• Health and Social Care</li> <li>• Associate Ambulance Practice</li> <li>• Counselling</li> <li>• Health and Social Wellbeing</li> <li>• Early Childhood Education and Care</li> <li>• Healthcare Practice</li> <li>• Health and Psychosocial Studies</li> <li>• Health, Welfare and Social Sciences</li> <li>• Working with children, YP and families</li> </ul>
<p><u>A levels</u></p> <p>Subject-based qualifications usually assessed by exams. They can lead to further study, training or work. You usually study A levels over 2 years.</p>	<p><u>You may find courses on the following:</u></p> <ul style="list-style-type: none"> <li>• Health and Social Care, and Childcare</li> <li>• Applied Science</li> <li>• Biology</li> </ul>
<p><u>Higher education</u></p> <p>Higher education is the name for qualifications and courses young people can take after 18. There are many different types of higher education qualifications, such as:</p> <ul style="list-style-type: none"> <li>• Diplomas</li> <li>• Bachelor degrees</li> <li>• Foundation degrees and foundation years</li> <li>• <u>HTQs</u></li> <li>• <u>Degree level apprenticeships</u></li> </ul>	<p><u>Explore undergraduate courses in Health and Social Care (Biological Science):</u></p> <ul style="list-style-type: none"> <li>• Adult Nursing</li> <li>• Chiropractic</li> <li>• Adult Health and Social Care</li> <li>• Advanced Dental Nursing Professional Practice</li> <li>• Adult and Mental Health Nursing</li> <li>• Accelerated Nursing (Children and Young People)</li> <li>• Accelerated Nursing (Mental Health)</li> <li>• Early Childhood Studies</li> <li>• Applied Care Practice</li> </ul>



## Work

<p><u>Supported internships with an education, health and care plan</u></p> <p>An unpaid work-based study programme that usually lasts for one year. It includes an extended work placement that lasts for at least 6 months.</p> <p>This will help young people take the first step from education into the workplace while gaining the skills they need to get a paid job.</p>	<p>Watch Saul's story: <a href="#">here</a></p>
<p><u>School leaver schemes</u></p> <p>Some companies offer school leaver schemes to young people who have completed A Levels. The schemes allow them to learn and train with a large company while earning a wage.</p>	<p>Young people need to check each company's website to see if they offer a school leaver scheme and how to apply.</p>

[Get the Jump: Skills for Life website](#)

## Interested in University league tables?

You can see at a glance the university ranking for Health Studies

The [table](#) allows you to filter the top university by each category:

- Overall score
- Entry standards
- Student satisfaction
- Research quality
- Research intensity
- Graduate prospects

### More information on Universities: Interested to see course level data?

[Discover Uni](#) includes official statistics about higher education courses taken from national surveys and data collected from universities and colleges about all their students. You can search, save and compare courses using the course comparison tool.

The data includes:

- Entry information, highlighting the qualifications held and UCAS Tariff point values students had when they were accepted onto the course
- Continuation rates for courses and a breakdown of what students are doing after one year on the course
- Data from the [National Student Survey \(NSS\)](#) showing experiences at university or college
- Data from the [Graduate Outcomes survey](#) showing employment outcomes and earnings which we publish along with earnings data for graduates 3 and 5 years after graduation from the Longitudinal Education Outcomes (LEO) dataset
- Graduates' perceptions of their work after graduating



# Careers in the curriculum





# Careers in the Curriculum

Young people critically need support to see and understand their future and ensuring that careers learning is delivered in all subjects has benefits clearly aligned to the priorities of schools and colleges and to positive outcomes for students. There are three different approaches to careers in the curriculum to consider:

1|



Highlight the relevance of your subject to future careers and opportunities.

2|



Set curriculum learning within the context of careers and the world of work.

3|



Deliver curriculum learning through employer encounters, experiences of work and/or extra-curricular opportunities.

## Embed careers in curriculum teaching and learning

There are some excellent examples of how curriculum teaching can be put into the context of careers and the world of work. Here are some resources designed for your curriculum area.

- [Here are some searches from STEM](#)



## Case studies linked to your subject

- [Study routes into STEM careers](#)
- [NHS Careers A - Z:](#)
  - [Children's Nurse](#)
  - [Maternity Support Worker](#)
  - [Hospital/Health Play Specialist](#)
- [Hear from Michaela, Tim and Chloe about their apprenticeships in Animal Care](#)
- [Read about Karolina and Ryan and their apprenticeships in nursing](#)

## Other Resources

- [Be inspired by this Social Care Careers Guide by Youth Employment UK](#)
- [Be inspired by this Health and Science Careers Guide by Youth Employment UK](#)
- [Be inspired by this Childcare and Education Careers Guide by Youth Employment UK](#)
- [Find an engaging subject Care poster from Planit - "Shrink oversized pages" before you print to A4](#)
- [KS3 Step into NHS Competition and Lesson Plans](#)
- [NHS Cradle to Grave inspiration video](#)
- [Here are links to key resources for lessons from the NHS](#)
- [Here is a link to useful teacher and careers resources from the WOW Show](#)

## Extra-curricular Inspiration

- [Talent Forum Potential: KS4 Design a meal for people with specific dietary needs.](#)
- [Health and Social Care competition through WorldskillsUK](#)



# Activity Ideas

## Create careers 'buzz moments' in every lesson

Young people experience 'buzz moments' when an idea hooks their attention and imagination.

Highlighting relevant careers stories, or relating topics or essential skills from your subject to future opportunities is easy to embed and can be really powerful. This should help support a culture that inspires young people about their future.

Here are some ideas to get you started:



- 1 Encourage students to identify a job related to your subject that they will be doing in ten years' time and ask them to present the pathway they took to that role



- 2 Encourage students to research local options at 16/18 in pathways related to your subject that interest them



- 3 Encourage students to research and present on roles of interest



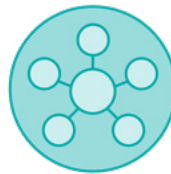
- 4 Share your own careers story



- 5 Spotlight non-obvious careers related to your subject



- 6 Challenge self-limiting beliefs and stereotypes around your subject



- 7 Know all the pathways from your subject



- 8 Highlight essential soft skills linked to specific lessons and to your subject in general

Find all eight activities (and more) ready in the slide deck for you to use with your students [here](#)

# Employer engagement

You may wish to invite someone from the world of work in to support you in highlighting the relevance of your subject to careers. Use the below guidance to help you.

Key Questions	Guidance
<p><b>What are you looking to achieve?</b></p> <p><b>Try and be as clear and purposeful as possible when framing an 'ask' of employers.</b></p>	<p>What are the planned outcome(s)? i.e.</p> <ul style="list-style-type: none"> <li>• For students and parents/carers to understand the relevance of your subject to careers.</li> <li>• To encourage students to consider pursuing your subject to GCSE level.</li> <li>• For students to have an insight into <u>key labour market information</u></li> </ul>
<p><b>What benefits would there be to the employer for supporting?</b></p>	<p>For emotional reasons:</p> <ul style="list-style-type: none"> <li>• Personal connection, e.g. they have family at the school or a relative works at the school or college</li> <li>• History, e.g. they are an alumni of the school or college</li> <li>• Locality, a local employer wants to give something back to the local area</li> </ul> <p>For commercial reasons:</p> <ul style="list-style-type: none"> <li>• Skills shortages – to attract young people into their industry</li> <li>• To help change perceptions of certain industries</li> <li>• Corporate Social Responsibility (CSR) positioning – being seen to give something back</li> </ul>
<p><b>How to engage an employer?</b></p>	<p>Speak to your Careers Leader to access contacts that already exist in the school. Try:</p> <ul style="list-style-type: none"> <li>• Staff networks (e.g. family, friends, Governors)</li> <li>• Student networks (parents, relatives)</li> <li>• Alumni network</li> <li>• Supply chains (IT, Catering, Maintenance)</li> <li>• If your school or college has an Enterprise Adviser, they may have wider employer links or suggestions</li> <li>• Social media appeal with a clear ask</li> </ul>
<p><b>Format</b></p>	<p>Articulate where, when and how the encounter will take place.</p> <p>Would you like someone to create a video/take part in a recorded Q&amp;A or is this is a physical invitation into a lesson?</p>
<p><b>Recording and Evaluation</b></p>	<p>How will you evaluate the session and get a temperature check of value from students and the employer?</p> <p>Remember to communicate activity and student register to Careers Leader as this supports Gatsby Benchmark 4 and potentially 5/6.</p>



# Essential Skills



# Essential Skills



Good careers provision includes building students' essential employability skills. These are the skills that you need for almost any job and they make learning easier too. Students will probably already be using these skills in your lessons, but are they able to talk about them confidently?

The [Skills Builder Universal Framework](#) was developed by CEC, Skills Builder, Gatsby Foundation and others to provide a common language for these 8 essential skills. It breaks down each skill into 16 teachable steps.

In Health and Social Care, students are likely to use these 3 essential skills:



The oral transmission of information or ideas

[Overview video](#)

[Key stage 3](#)

[Key stage 4](#)

[Post 16](#)



The receiving, retaining and processing of information or ideas

[Overview video](#)

[Key stage 3](#)

[Key stage 4](#)

[Post 16](#)



The ability to use tactics and strategies to overcome setbacks and achieve goals

[Overview video](#)

[Key stage 3](#)

[Key stage 4](#)

[Post 16](#)

To access the short lessons and many other resources, create a free account on the [Skills Builder Hub](#) here.

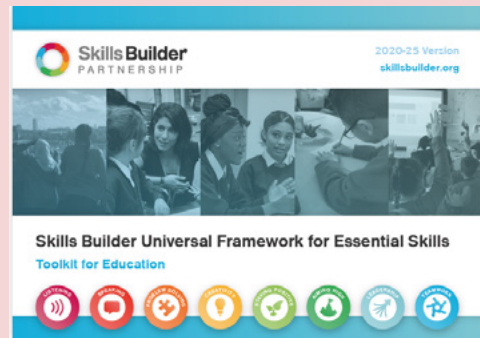


## Working with students with additional needs?



You can find many resources to support learners with additional needs in our [Inclusive Learning Resource Pack](#) here.

You can also use our [Expanded Universal Framework](#), which breaks each skill step down into smaller stepping stones.





# Acknowledgements

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- Amazing Apprenticeships
- BBC Bitesize
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- LMI for All
- Loughborough University
- National Careers Service
- National Careers Week
- Skills Builder Partnership
- Success at School
- The Parents Guide to
- PwC UK
- Ormiston Academies Trust
- Prospects
- LLEP
- GOV.UK Get the Jump: Skills for Life campaign
- First Careers
- NHS Careers
- Royal Society of Health and Social Care
- STEM Learning
- NUSTEM
- NHS Careers
- UKft
- planitplus.net
- HSE
- Health Care & Profession Council
- Worldskillsuk







# My Learning My Future

If you have any questions about this guide,  
contact us at:

[education@careersandenterprise.co.uk](mailto:education@careersandenterprise.co.uk)

All the resources, all in one place:  
[CEC Resource Directory](#)

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